

KALEVA NORMAN DICKSON SCHOOL DISTRICT

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August 12, 2016

Hello Parents!

Welcome to a new school year! Summer is almost over and the food service staff at KND School District will be working hard to make sure your child's school meals are not only delicious, but healthy and nutritious! School lunches include more fruits, vegetables, and whole grain-rich foods; only fat-free or low-fat milk; "right-size" meals with portions designed for a child's age; and less saturated fat, trans fat and sodium. School Meal Applications for 2016/2017 are available on line through the school website, lunchapp.com. Paper applications are available in the office or call **Tim Klenow**, 231.477.5353 ext. 2202 for assistance. If your student(s) are direct certified to receive free school meals, you will be receiving a letter and you do not have to complete a school meals application. If you have any questions, please do not hesitate to contact me at 231.477.5353 ext 2202.

Mornings can be hectic! School breakfast is an option when family schedules are rushed or a child is unable to eat early in the morning. Parents can ensure their children are fed before school by using our School Breakfast Program. Even if your child eats breakfast at home, sometimes a long bus ride may make a child hungry by the time the bus arrives at school. KND School District is providing **Universal Free Breakfast** to ALL students at KND. School breakfast will be served in the classroom, Monday through Friday. Meal prices for lunch for 2016/2017 are \$2.65 for elementary and \$2.90 for secondary students; reduced lunch price is \$0.40.

KND Food Service will again be serving fresh vegetables and fruits from local farms. Your student will be offered lots of fresh fruits and vegetables during the school year from Bare Root Farm, Brethren, Grossnickle Farm, Kaleva, and Farm to Freezer, managed by Mark Coe, former farm manager for Lutz Farms, based in Traverse City. Last year, students enjoyed watermelon, blueberries, apples, tomatoes, cucumbers, peppers (all colors!), onions, carrots and squash. Food Service will add more choices as the season and opportunity arises.

KND will also be offering **FREE** after school snacks to the students. This quick snack is for students who are staying after school for SEEDS, sports, clubs, scouts, after school study hour, or any other academic or enrichment activity. Students are allowed to grab their snack and go right to their activity. No more having to stay in the cafetorium to eat!

AGAIN THIS YEAR: KND Food Service is pleased to provide another **OPTION** for parents with regards to paying for school meals. KND School District has partnered with sendmoneytoschool.com. As a parent, you can login to the sendmoneytoschool.com site, using your student's id number and name, find out their balance, deposit money via credit or debit card, and receive low balance emails that YOU set. Remember, this is an option; parents may still send checks and/or cash with their student to school. The cashier will not be able to use your credit/debit card at the register.

We hope to meet many families at the Open House, Wednesday August 31st. KND Food Service will be presenting a mini food show. Please come and try some of the new food items for your student. We need your feedback!

Don't forget that nutritious meals are as important for school success as sharp new pencils and colorful spiral notebooks. You may not be able to influence your child's favorite subject but you have positive, direct control over their meal selections. You are part of a team that works to provide a safe and healthy environment for your child at school, not only in the classroom and cafeteria, but in after school activities, too. I look forward to a great year!

Thank you for your support!

Sincerely,

Tim Klenow, Food Service Director