














JANUARY | 2018


Brethren Middle/High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Happy New Year! 2018	2 - No School -	3 Breakfast Banana Bread Lunch Italian Spaghetti, Garlic Bread, Buttered Corn, Mixed Fruit OR Corn Dog, Baked Beans	4 Breakfast Chocolate Chip Muffin Lunch Chicken and Waffles, Southern Green Beans, Pineapple, OR Chef Salad, Garlic Breadstick	5 Breakfast Bagels  Lunch Garlic Cheese French Bread, Mixed Veggies, MI Apples OR Yogurt Parfait, Granola, Blueberry Muffin
8 Breakfast Cinnamon Roll Lunch General Tso's Chicken Stir Fry, Brown Rice, Broccoli, Pineapple OR HM Chicken Noodle Soup, Bosco Sticks	9 Breakfast Hawaiian Ham & Cheese  Lunch "Bobcat Bowl", Chicken, Potatoes, Corn, Gravy, Cheese OR HM Baked Potato Bar, Stuffed Pretzel	10 Breakfast Wild Berry Bread Lunch French Toast Sticks, Sausage Patties, Hash Browns, Sliced Pears OR Corn Dog, Baked Beans	11 Breakfast Sausage & Pancake Wrap Lunch Cheeseburger, WG Bun, Ranch Seasoned Potato Wedges, Peaches OR Chef Salad, Garlic Breadstick	12 Breakfast Fruit Grain Bar  Lunch Big Daddy's Pepperoni Pizza, Broccoli, MI Apples OR Yogurt Parfait, Granola, Blueberry Muffin
15 Breakfast Cake Donut Lunch Grilled Cheese, Roasted Tomato Soup, Slush Cups OR HM Chicken Noodle Soup, Bosco Sticks	16 <i>- Taco Tuesday! -</i> Breakfast  Maple & Egg Bosco Lunch Soft Shell Taco Bar, Tex-Mex Rice, Tostitos, Pineapple OR HM Baked Potato Bar, Stuffed Pretzel	17 Breakfast Banana Bread Lunch Chicken Drumstick, Mashed Potatoes, Gravy, Green Beans, Cookie OR Corn Dog, Baked Beans	18 Breakfast Blueberry Muffin  Lunch HM Sloppy Joes, WG Bun, Seasoned Curly Fries, Peaches OR Chef Salad, Garlic Breadstick	19 Breakfast Bagels  Lunch Three Cheese French Bread, Buttered Corn, MI Apples OR Yogurt Parfait, Granola, Blueberry Muffin
22 Breakfast Cinnamon Roll Lunch BBQ Beef Sandwich, Coleslaw, Mixed Veggies, Applesauce OR HM Chicken Noodle Soup, Bosco Sticks	23 Breakfast Hawaiian Ham & Cheese Lunch Philly Cheese Steak, WG Bun, Curly Fries, Pears OR HM Baked Potato Bar, Stuffed Pretzel Stick	24 Breakfast Wild Berry Bread Lunch  Chicken Alfredo, Garlic Bread, Seasoned Broccoli, Mixed Fruit OR Corn Dog, Baked Beans	25 Breakfast Sausage & Pancake Wrap Lunch Breaded Chicken Patty, WG Bun, Smiley Fries, Sliced Peaches OR Chef Salad, Garlic Breadstick	26 Breakfast Fruit Grain Bar  Lunch Bosco Sticks, Marinara, Green Bean Fries, MI Apples OR Yogurt Parfait, Granola, Blueberry Muffin
29 Breakfast Cake Donut Lunch Hamburger, WG Bun, Sweet Waffle Fries, Oranges OR HM Chicken Noodle Soup, Bosco Sticks	30 <i>- Taco Tuesday! -</i> Breakfast  Maple & Egg Bosco Lunch Soft Shell Taco Bar, Tex-Mex Rice, Tostitos, Pears OR HM Baked Potato Bar, Stuffed Pretzel Stick	31 Breakfast Banana Bread  Lunch Sausage, Egg & Cheese Muffin, Hash Browns, Fresh Melon OR Corn Dog, Baked Beans		

Information

~ Check out our new salad bar! ~

 Lunch includes selections from the Veggie Bar which may include fresh pepper strips, cherry tomatoes, cucumbers, spinach or romaine lettuce, cauliflower, broccoli, celery, and carrot sticks

All of our breads and buns are 100% whole grain 

Ice cold milk options available daily: fat free white, low fat white, and fat free chocolate



Meal Prices:

Breakfast—Universal Free
 Lunch - \$2.75 Elementary
 \$2.95 Middle/High School
 Reduced Breakfast: \$0.30
 Reduced Lunch: \$0.40
 Adult Breakfast -- \$2.75
 Adult Lunch -- \$4.00
 Pam Monroe, Head Cook,
 Tim Klenow FS Director,
 231.477-5353 ext 2202



farm to school



homemade



meatless lunch

This Institution is an equal opportunity provider