




JANUARY | 2018

Brethren Four Star – Great Start

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Happy New Year! 2018	2 - No School -	3 Breakfast Banana Muffin Lunch Italian Spaghetti, Garlic Bread, Buttered Corn, Mixed Fruit Snack Minion Crackers, Milk	4 Breakfast Appleways Bar Lunch Chicken and Waffles, Southern Green Beans, Pineapple Snack Craisins, Cheese	5
8 Breakfast Cereal & Fruit Lunch General Tso's Chicken Stir Fry, Brown Rice, Broccoli, Pineapple Snack Goldfish, Milk	9 Breakfast Cereal & Yogurt Lunch "Bobcat Bowl", Chicken, Mashed Potatoes, Corn, Gravy, Cheese Snack MI Apples, Cheese	10 Breakfast Blueberry Muffin Lunch French Toast Sticks, Sausage Patties, Hash Browns, Sliced Pears Snack Bug Bites, Milk	11 Breakfast Cereal & Yogurt Lunch Cheeseburger, WG Bun, Ranch Potato Wedges, Peaches Snack Mini Grahams, Milk	12
15 Breakfast Cereal & Fruit Lunch Grilled Cheese, Roasted Tomato Soup, Applesauce Cups Snack Animal Crackers, Milk	16 Breakfast Maple & Egg Bosco Lunch Soft Shell Taco Bar, Tex-Mex Rice, Tostitos, Pineapple Snack Cheez-its, Milk	17 Breakfast Banana Muffin Lunch Chicken Drumstick, Mashed Potatoes, Gravy, Green Beans Snack Minion Crackers, Milk	18 Breakfast Appleways Bar Lunch HM Sloppy Joes, WG Bun, Seasoned Curly Fries, Peaches Snack Craisins, Cheese	19
22 Breakfast Cereal & Fruit Lunch BBQ Beef Sandwich, Creamy Coleslaw, Mixed Veggies, Applesauce Snack Goldfish, Milk	23 Breakfast Cereal & Yogurt Lunch Italian Calzone, Seasoned Curly Fries, Diced Pears Snack MI Apples, Cheese	24 Breakfast Blueberry Muffin Lunch Chicken Alfredo, Garlic Bread, Seasoned Broccoli, Mixed Fruit Snack Bug Bites, Milk	25 Breakfast Cereal & Yogurt Lunch Breaded Chicken Patty, WG Bun, Smiley Fries, Sliced Peaches Snack Mini Grahams, Milk	26
29 Breakfast Cereal & Fruit Lunch Hamburger, WG Bun, Sweet Waffle Fries, Oranges Snack Animal Crackers, Milk	30 Breakfast Maple & Egg Bosco Lunch Soft Shell Taco Bar, Tex-Mex Rice, Tostitos, Pears Snack Cheez-its, Milk	31 Breakfast Banana Muffin Lunch Sausage, Egg & Cheese Muffin, Hash Browns, Fresh Melon Snack Minion Crackers, Milk		

Information

~ Check out our new salad bar! ~

 Lunch includes selections from the Veggie Bar which may include fresh pepper strips, cherry tomatoes, cucumbers, spinach or romaine lettuce, cauliflower, broccoli, celery, and carrot sticks

All of our breads and buns are 100% whole grain



Ice cold milk options available daily: fat free white, low fat white



Pam Monroe, Head Cook,
 Tim Klenow FS Director,
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 farm to school
 homemade
 meatless lunch

This Institution is an equal opportunity provider