














JANUARY | 2018


KND Elementary School

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|--|
| 1 Happy New Year! 2018 | 2 - No School - | 3 Breakfast Banana Bread Lunch Italian Spaghetti, Garlic Bread, Buttered Corn, Mixed Fruit OR Corn Dog, Baked Beans | 4 Breakfast Chocolate Chip Muffin Lunch Chicken and Waffles, Southern Green Beans, Pineapple, OR PB&J, Cheese Stick, Goldfish | 5 Breakfast Bagels  Lunch Garlic Cheese French Bread, Mixed Veggies, MI Apples OR PB&J, Cheese Stick, Minion Grahams |
| 8 Breakfast Cinnamon Roll Lunch General Tso's Chicken Stir Fry, Brown Rice, Broccoli, Pineapple OR PB & J, Cheese Stick, Bug Bites | 9 Breakfast Hawaiian Ham & Cheese  Lunch "Bobcat Bowl", Chicken, Mashed Potatoes, Corn, Gravy, Cheese OR PB&J, Cheese Stick, Cheez-its | 10 Breakfast Wild Berry Bread Lunch French Toast Sticks, Sausage Patties, Hash Browns, Sliced Pears OR Corn Dog, Baked Beans | 11 Breakfast Sausage & Pancake Wrap Lunch Cheeseburger, WG Bun, Ranch Potato Wedges, Peaches OR PB&J, Cheese Stick, Goldfish | 12 Breakfast Fruit Grain Bar  Lunch Big Daddy's Pepperoni Pizza, Seasoned Broccoli, MI Apples OR PB&J, Cheese Stick, Minion Grahams |
| 15 Breakfast Cake Donut Lunch Grilled Cheese, Roasted Tomato Soup, Slush Cups OR PB & J, Cheese Stick, Bug Bites | 16 <i>- Taco Tuesday! -</i> Breakfast  Maple & Egg Bosco Lunch Soft Shell Taco Bar, Tex-Mex Rice, Tostitos, Pineapple OR PB&J, Cheese Stick, Cheez-its | 17 Breakfast Banana Bread Lunch Chicken Drumstick, Mashed Potatoes, Gravy, Green Beans, Cookie OR Corn Dog, Baked Beans | 18 Breakfast Blueberry Muffin  Lunch HM Sloppy Joes, WG Bun, Seasoned Curly Fries, Peaches OR PB&J, Cheese Stick, Goldfish | 19 Breakfast Bagels  Lunch Three Cheese French Bread, Buttered Corn, MI Apples OR PB&J, Cheese Stick, Minion Grahams |
| 22 Breakfast Cinnamon Roll Lunch BBQ Beef Sandwich, Creamy Coleslaw, Mixed Veggies, Applesauce OR PB & J, Cheese Stick, Bug Bites | 23 Breakfast Hawaiian Ham & Cheese Lunch Italian Calzone, Seasoned Curly Fries, Diced Pears OR PB&J Sandwich, Cheese Stick, Cheez-its | 24 Breakfast Wild Berry Bread Lunch  Chicken Alfredo, Garlic Bread, Seasoned Broccoli, Mixed Fruit OR Corn Dog, Baked Beans | 25 Breakfast Sausage & Pancake Wrap Lunch Breaded Chicken Patty, WG Bun, Smiley Fries, Sliced Peaches OR PB&J, Cheese Stick, Goldfish | 26 Breakfast Fruit Grain Bar  Lunch Bosco Sticks, Marinara, Green Bean Fries, MI Apples OR PB&J, Cheese Stick, Minion Grahams |
| 29 Breakfast Cake Donut Lunch Hamburger, WG Bun, Sweet Waffle Fries, Oranges OR PB & J, Cheese Stick, Bug Bites | 30 <i>- Taco Tuesday! -</i> Breakfast  Maple & Egg Bosco Lunch Soft Shell Taco Bar, Tex-Mex Rice, Tostitos, Pears OR PB&J Sandwich, Cheese Stick, Cheez-its | 31 Breakfast Banana Bread  Lunch Sausage, Egg & Cheese Muffin, Hash Browns, Fresh Melon OR Corn Dog, Baked Beans | | |

Information

~ Check out our new salad bar! ~

 Lunch includes selections from the Veggie Bar which may include fresh pepper strips, cherry tomatoes, cucumbers, spinach or romaine lettuce, cauliflower, broccoli, celery, and carrot sticks

All of our breads and buns are 100% whole grain 

Ice cold milk options available daily: fat free white, low fat white, and fat free chocolate



Meal Prices:

Breakfast—Universal Free
 Lunch - \$2.75 Elementary
 \$2.95 Middle/High School
 Reduced Breakfast: \$0.30
 Reduced Lunch: \$0.40
 Adult Breakfast -- \$2.75
 Adult Lunch -- \$4.00
 Pam Monroe, Head Cook,
 Tim Klenow FS Director,
 231.477-5353 ext 2202

 farm to school
 homemade
 meatless lunch

This Institution is an equal opportunity provider