



FEBRUARY | 2018

Brethren Four Star – Great Start

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Breakfast Fruit & Grain Bar Lunch Chicken and Waffles, Tropical Fruit, Steamed Green Beans Snack Craisins, Cheese	2
5 Breakfast Cereal & Fruit Lunch Beef Hot Dogs, Baked Fries, Orange Wedges Snack Goldfish, Milk	6 <i>- Taco Tuesday! -</i> Breakfast 🌮 Maple & Egg Bosco Lunch Soft Shell Taco Bar, Tex- Mex Rice, Salsa Pineapple Snack MI Apples, Cheese	7 Breakfast Blueberry Muffin Lunch HM Sloppy Joes, WG Bun, Hash Brown Stars, Applesauce Snack Bug Bites, Milk	8 Breakfast Cereal & Yogurt Lunch "Bobcat Bowl", Chicken, Potatoes, Corn, Gravy, Cheese, Fruit Snack Mini Grahams, Milk	9
12 Breakfast Cereal & Fruit Lunch General Tso's Chicken Stir Fry, Brown Rice, Broccoli, Pineapple Snack Animal Crackers, Milk	13 Breakfast Cereal & Yogurt Lunch Cheeseburger, WG Bun, Green Bean Fries, Peaches Snack Cheez-its, Milk	14 <i>Happy Valentine's Day!</i> ❤️ Breakfast Banana Muffin Lunch Breaded Fish Sandwich, WG Bun, Curly Fries, Cherry Applesauce Snack Minion Crackers, Milk	15 Breakfast Fruit and Grain Bar Lunch HM Lasagna, Garlic Bread, Broccoli & Cauliflower, Sliced Pears Snack Craisins, Cheese	16
19 Winter Break - No School -	20 <i>- Taco Tuesday! -</i> Breakfast 🌮 Maple & Egg Bosco Lunch Soft Shell Taco Bar, Tex- Mex Rice, Tostitos, Salsa Pineapple Snack MI Apples, Cheese	21 Breakfast Blueberry Muffin Lunch Chicken Tenders, Mashed Potatoes, Gravy, Green Bean Casserole Snack Bug Bites, Milk	22 Breakfast Cereal & Yogurt Lunch Sausage, Egg & Cheese Muffin, Hash Browns, Fresh Melon Snack Mini Grahams, Milk	23
26 Breakfast Cereal & Fruit Lunch Breaded Chicken Patty, WG Bun, Smiley Fries, Diced Pears Snack Goldfish, Milk	27 Breakfast Cereal & Yogurt Lunch Mac and Cheese, Buttered Corn, Sliced Peaches Snack Cheez-its, Milk	28 Breakfast Banana Muffin Lunch Chicken Alfredo, Garlic Bread, Seasoned Broccoli, Tropical Fruit Snack Minion Crackers, Milk		

Information



Lunch includes selections from the Veggie Bar which may include fresh pepper strips, cherry tomatoes, cucumbers, spinach or romaine lettuce, cauliflower, broccoli, celery, and carrot sticks

All of our breads and buns are 100% whole grain



Ice cold milk options available daily: fat free white, low fat white



Pam Monroe, Head Cook,
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farm to school



homemade



meatless lunch

This Institution is an equal opportunity provider